

# ROCKSTAR FAMILY DENTAL

## Patient and Guardian Information for Sedation Appointments

### **What you should know BEFORE the sedation appointment:**

- No food or water (except water with meds) for 6 hours prior to appointment
- No sedatives for 24 hours before/after appointment (other than prescriptions you're your dentist or physician. Please inform your dentist if you are taking sedatives prescribed by a physician.)
- No Depressants for 12 hours before/after (this includes alcohol or sleeping aids)
- No chance of Pregnancy
- No sensitivities to Benzodiazepines (Valium), NSAIDS (Toradol), or Benadryl (Diphenhydramine)
- No sensitivities to Narcotics (Fentanyl) or (Demerol)
- Must have a responsible person to bring and take you home. (\*\*NOTE, UBER or LIFT does not count)
- No contact lenses, cell phones, watches, bracelets, rings
- No grapefruit or grapefruit juice for 1 week before/after appointment
- No St. John's Wort for 1 week before/after appointment

### **What you should be informed of FOLLOWING your sedation appointment: (24 hours)**

- No driving
- No operating hazardous devices
- No heavy lifting
- No stairs
- No important decisions
- No texting, no Facebook, no Snapchat, no Instagram, no Tweeting, or other forms of electronic communication
- Drink lots of Fluids
- A guardian should be supervising you at all times

### **Contact the office:**

- If you have a change in your medical status within 24 hours of your appointment
- If you have needed to use a rescue asthma inhaler within 48 hours of your appointment
- If you have any questions regarding your appointment

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Patient / Guardian NAME:

Patient /Guardian Signature

Date:

Witness

**SEDATION · SURGERY · COSMETIC · DENTISTRY**